

# DOXYCYCLINE

Belongs to the tetracycline class of antibiotics, binds to 30S subunit of the bacterial ribosome and prevents binding by tRNA, thus blocks protein synthesis.

#### ANTIMICROBIAL SPECTRUM

- **Gram-positive**: some strains of *Streptococcus pneumoniae*, most strains of methicillin-susceptible and methicillin-resistant staphylococci.
- **Gram-negative**: Haemophilus influenzae, Neisseria meningitidis, Helicobacter pylori.
- Intracellular bacteria: Brucella spp., Rickettsia spp., Coxiella burnetti, Chlamydophila spp. and *Mycoplasma* spp.
- **Spirochetes**: Borrelia burgdorferi, Treponema pallidum, Leptospira spp.
- Parasites: Plasmodium spp.
- Poor activity against most Gram-negative rods, anaerobes, enterococci.

### **EXCRETION**

- 0 Faeces (30%); urine (23% to 40%).
- 0 Renal function impairment: Renal excretion 5%.

# MAIN INDICATIONS

- Respiratory tract infections: Community-acquired pneumonia as part of combination therapy.
- Sexually transmitted infections: Lymphogranuloma venereum, uncomplicated urethral, endocervical or rectal infections caused by Chlamydia trachomatis; granuloma inguinale (donovanosis) caused by Klebsiella granulomatis; chancroid caused by Haemophilus ducreyi; Ureaplasma urealyticum urethritis; syphilis when penicillin is contraindicated.
- Trachoma or inclusion conjunctivitis caused by Chlamydia trachomatis.
- O Lyme disease
- O Pelvic inflammatory disease
- Legionnaires' disease
- **Anthrax**, including inhalational anthrax (postexposure).
- Rickettsial infections: Rocky Mountain spotted fever, typhus fever and the typhus group, Q fever etc.
- O Zoonotic infections: Treatment of psittacosis caused by Chlamydophila psittaci; plague due to Yersinia pestis; tularemia caused by Francisella tularensis; brucellosis; bartonellosis caused by Bartonella bacilliformis.
- Prophylaxis for malaria due to *Plasmodium falciparum* in short-term travellers (<4 months).

#### **ADULT DOSE**

200 mg per day PO in one or two doses for most indications.

#### Food interaction

- Doxycycline serum levels may be slightly decreased if taken with high-fat meals or milk.
- Administration with iron or calcium may decrease doxycycline absorption.
- Take with food if gastric irritation occurs.

Dosing in patients with renal failure

## SIDE EFFECTS

Esophagitis and oesophageal ulceration: sudden onset of chest pain, dysphagia, odynophagia and / or retrosternal pain requires assessment. It may occur any time during treatment especially in presence of pre-existing gastro-oesophageal reflux.

! Photosensitivity: skin photosensitivity reactions ranging from mild sunburn-like reactions to photodermatitis, usually develops shortly after sun exposure and is dose-related.

Prevention: sun avoidance, sun protective clothing and broad-spectrum sunscreen (UVA and UVB).

Drug Rash with Eosinophilia and Systemic Symptoms (DRESS syndrome).

# **EFFECTS**

Gastrointestinal, cutaneous:

Erythema multiforme, erythematous rash, exfoliative dermatitis, maculopapular rash.

**Hepatic:** Hepatotoxicity (rare: <1%; cholestatic or mixed hepatitis; may be accompanied by DRESS).



## **DOXYCYCLINE IN CHILDREN**

- The use of drugs of the tetracycline class during tooth development (second half of pregnancy, infancy and childhood to the age of 8 years) may cause permanent discoloration of the teeth (yellow-grey-brown).
- Doxycycline is the only tetracycline that can be used in children younger than 8 years if indicated, permitted by the American Academy of Pediatrics for a course < 21 days.



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