

# **APUA-NEPAL Newsletter**

#### PUBLISHED BY ALLIANCE FOR THE PRUDENT USE OF ANTIBIOTICS (APUA)-NEPAL

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### Editorial...

This is the sixteenth newsletter that APUA-Nepal presents you with. We hope that this newsletter will help us all in its small way, to not lose our focus from ever increasing problem of bacterial resistance.

APUA-Nepal intends to bring out its newsletter regularly to update our valued members about its activities, recent scenario and advancement in the field of antimicrobial resistance. We will indeed be grateful if you could contribute in any way possible by your suggestions, advice and comments.

We also like to request anyone working in the field of health profession to join us, to become member of APUA-Nepal.

We like to thank everyone who was involved in bringing out this newsletter.

Lastly, we intend to present this newsletter to our readers as a Dashain greetings. So, please accept our Dashain and Tihar greetings.

# STUDY OF SENSITIVITY PATTERNS OF COMMON ISOLATES IN URINE AND BLOOD FROM DIFFERENT HOSPITALS OF NEPAL

APUA- Nepal published antibiotic sensitivity patterns of common isolates in urine, blood and pus samples from different hospitals (regional, zonal and medical college teaching hospital) of Nepal in its Newsletter published from 2004 to 2018. The average sensitivity percentage in isolates from May or June to July or August from the hospital were included in Newsletters. This issue of Newsletter includes average sensitivity percentage of pathogens in urine and blood samples after 2015 from Tribhuvan University Teaching Hospital (TUTH) and Lumbini Zonal Hospital (LZH). The data published earlier in the Newsletter have been used. The results show differences in sensitivity patterns of the isolates and use of antibiotics discs for sensitivity testing.

Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH (n= 531)	% isolates sensitive May - July 2015 LZH (n= 40)
E. coli		
Amikacin	92.0	92.5
Amoxicillin + clavulanic	37.0	DNU
Ampicillin	26.0	DNU
Ampicillin + sulbactam	80.0	DNU
Cefepime	76.0	DNU
Cefixime	43.0	52.5
Cefoperazone + sulbactam	85.0	DNU
Cefotaxime	DNU	60.0
Ceftazidime	96.0	DNU
Ceftriaxone	43.0	57.5
Chloramphenicol	93.0	DNU
Ciprofloxacin	46.0	55.0
Colistin	100.0	DNU
Cotrimoxazole	45.0	50.0
Doxycycline	81.0	DNU
Gentamicin	85.0	DNU
Imipenem	93.0	DNU
Levofloxacin	73.0	DNU
Meropenem	94.0	DNU
Nitrofurantoin	80.0	75.0
Norfloxacin	41.0	57.5
Ofloxacin	DNU	52.5
Piperacillin + tazobactam	85.0	DNU
Tigecycline	92.0	DNU

## **ACTIVITIES BY APUA-NEPAL IN LAST ONE YEAR**

- Publication and distribution of Vol. 15 of APUA-Nepal Newsletter to different medical colleges and hospitals.
- APUA has merged with the International Society of Antimicrobial Chemotherapy (ISAC). ISAC would carry on and develop the work of all APUA Chapters, including Nepal Chapter. APUA and ISAC will retain their own identity.

STUDY OF						
Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH (n= 80)	% isolates sensitive May - July 2015 LZH (n = 8)	Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH (n= 33)	% isolates sensitive May - July 2015 LZH	
K. pneumoniae			S. aureus			
Amikacin	73.0	75.0	Amikacin	100.0		
Ampicillin + sulba	ıctam 41.0	DNU	Ampicillin	57.0		
Cefepime	61.0	DNU	· ·		Data not	
Cefixime	43.0	75.0	Cephalexin	71.0	Data not available	
Cefoperazone + sulba		DNU	Ciprofloxacin	65.0	available	
Cefotaxime	DNU	87.5	Clindamycin	80.0		
Ceftazidime Ceftriaxone	44.0 43.0	DNU 75.0	Cloxacillin	72.0		
Chloramphenicol	76.0	DNU				
Ciprofloxacin	56.0	62.5	Cotrimoxazole	79.0		
Colistin	100.0	DNU	Doxycycline	100.0		
Cotrimoxazole	47.0	37.5	Gentamicin	89.0		
Doxycycline	73.0	DNU	Imipenem	DNU		
Gentamicin	64.0	DNU	Levofloxacin	75.0		
Imipenem	85.0	DNU				
Levofloxacin	57.0	DNU	Meropenem	DNU		
Meropenem	82.0	DNU	Nitrofurantoin	93.0		
Nitrofurantoin	35.0	25.0	Norfloxacin	67.0		
Norfloxacin	47.0	50.0		100.0		
Ofloxacin	DNU	37.5	Teicoplanin			
Piperacillin + tazoba	100.0	DNU DNU	Tigecycline	100.0		
Tigecycline			Vancomycin	100.0		
Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH (n= 69)	% isolates sensitive May - July 2015 LZH	Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH	% isolates sensitive May - July 2015 LZH (n = 5)	
E. faecalis	42.0		Morganella			
Ampicilln	43.0		Amikacin	Not	100.0	
Ampicillin + sulbactam 56.0 Amoxicillin + clavulanic 56.0			Amoxycillin	among four	DNU	
Ciprofloxacin	25.0		Cefixime	common	40.0	
Doxycycline	85.0	Data not available	Cefotaxime	isolates	60.0	
Gentamicin	51.0					
Levofloxacin	34.0		Ceftriaxone		40.0	
Nitrofurantoin	66.0		Ciprofloxacin		40.0	
Norfloxacin	25.0		Cotrimoxazole		20.0	
Piperacillin + tazoba	ctam 84.0		Nitrofurantoin		80.0	
Tigecycline	100.0		Norfloxacin		40.0	
Teicoplanin	100.0					
Vancomycin	100.0		Ofloxacin		40.0	

<b>Blood Isolates</b>	% isolates sensitive	0/ icolates consitius			
Antibiotic sensitivity	May - July 2018 TUTH (n= 26)	% isolates sensitive May - July 2015 LZH	(		
S. aureus Amikacin	86.0		Т		
Ampicillin	35.0		ti		
Cephalexin	71.0				
Ciprofloxacin	58.0		a		
Chloramphenicol	89.0		ir		
Clindamycin	63.0	Data not	g		
Cloxacillin	75.0	available	n		
Cotrimoxazole	62.0		l tł		
Doxycycline	DNU				
Erythromycin	32.0		tł		
Gentamycin	72.0		ir		
Levofloxacin	78.0		te		
Ofloxacin	63.0		a		
Teicoplanin	100.0				
Tigecycline	83.0		0		
Vancomycin	100.0		W		
Allitiblotic	% isolates sensitive	% isolates sensitive	m		
sensitivity	May - July 2018 TUTH (n= 76)	May - July 2015 LZH	5		
S. enterica typhi	· · · · ·				
•	Ampicillin 96.0				
Amoxicillin + clav					
Azithromycin	79.0	Data not			
Cefixime Ceftriaxone	98.0	available			
Chloramphenicol	98.0 DNU				
Ciprofloxacin	28.0				
Cotrimoxazole	100.0				
Levofloxacin	49.0				
Ofloxacin	60.0				
Antibiotic sensitivity	% isolates sensitive May - July 2018 TUTH (n= 7)	% isolates sensitive May - July 2015 LZH			
S. paratyphi A	100.0				
Ampicillin Amoxicillin + clav					
	80.0	D			
Azithromycin Cefixime	100.0	Data not available			
Ceftriaxone		avaliable			
	100.0				
Chloramphenicol	DNU				

20.0

100.0 43.0

33.0

Ciprofloxacin

Cotrimoxazole

Levofloxacin

Ofloxacin

# International Society of Antimicrobial Chemotherapy (ISAC) -a brief history

The society was originally called the International Society of Chemotherapy for Infection and Cancer (ISC) and was formally established in 1961. It was renamed the International Congress of Chemotherapy (ICC) in 1963. The new name ISAC was given in 2016-17, reflecting the focus of the society. ISAC aims to advance the education and the science of therapy of infection through the establishment of an international federation of affiliated national and regional societies with similar aims and objectives to its own. ISAC currently has a worldwide membership composed of 86 member societies, which in turn have over 50,000 individual members.

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Source: APUA-Nepal Poster 2009

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#### **APUA-NEPAL EXECUTIVE COMMITTEE**

- Dr. Kumud K. Kafle- President
- Dr. Asfaq Sheak- Vice President
- Dr. Bharat M. Pokhrel- General Secretary
- Ms. Kalpana Shrestha- Treasurer
- Mr. Radha R. Prasad- Member
- Dr. Rewati M. Shrestha- Member
- Dr. Pramila Pradhan- Member
- Dr. Iswor L. Acharya- Member
- Dr. Shyam P. Lohani- Member
- Ms. Vabha Rajbhandari- Member

#### Reader's form

Please send your comments on the following:

- 1. Usefulness and quality of this newsletter
- 2. Suggestion for the future topics
- 3. Any other comments

Name \_\_\_\_\_

Title \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

#### APUA-NEPAL MEMBER LIST

#### **Life Members**

- 1 Dr. Kumud K. Kafle
- 2 Dr. Asfaq Sheak
- 3 Dr. Shyam P. Lohani
- 4 Dr. Bharat M. Pokhrel
- 5 Mr. Radha R. Prasad
- 6 Dr. Rewati M. Shrestha
- 7 Mr. Bimal M. Shrestha
- 8 Dr. Baikuntha Parajuli
- 9 Mr. Tirtha R. Shakya
- 10 Ms. Kalpana Shrestha
- 11 Mr. Gorkha B D.C.
- 12 Mr. Prabhu R. Vaidya
- 13 Mr. Ajudey P. Shrestha
- 14 Dr. Narayan P. Ghimire
- 15 Ms. Vabha Rajbhandari

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- 2 Dr. Iswor L. Acharya
- 3 Dr. Dharma S. Manandhar
- 4 Mr. Mohan P. Amatya
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- 8 Mr. Sujan Shrestha
- 9 Mr. Sudeep Basyal
- 10 Mr. Jaya B. Karmacharya
- 11 Mr. Prakash R. Pant
- 12 Dr. Panna Thapa
- 13 Mr. Deependra P. Aryal
- 14 Dr. Shashi Sharma
- 15 Dr. Achut P. Sharma